

DEPARTMENT OF SPORTS SCIENCE AND MANAGEMENT



Name of Staff: Ms. Miriam Jerotich Kiptui

Designation/Rank: Tutorial Fellow/Assistant Lecturer

Laikipia University: School of Humanities and Development Studies

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Educational Background:

- MSc in Sports Medicine and Health Science; The Chinese University of Hong Kong, Hong Kong SAR, China, 2014
- MSc in Sports Science (Course work only), Kenyatta University, Kenya, 2011
- B.A in Human Kinetics, Trinity Western University, Canada, 2006

Brief Auto-biography of the Faculty/Staff

Miss Miriam Kiptui began her career as a fitness instructor at a Women's gym in Canada after her undergraduate studies, this she did for two years. She came back to Kenya and registered for MSc in Sports Science (Exercise Physiology emphasis) at Kenyatta University of which she finished her course work. She then got to work as a Graduate Assistant at Kenyatta University while she was working on her thesis project under the supervision of Professor Mike Boit. She attended the Chinese University of Hong Kong when an opportunity came up and deferred her studies at Kenyatta University. Upon receiving an MSc in Sports Medicine and Health Science, she became a part-time lecturer at Laikipia University for a year. Later she became a Tutorial Fellow; she still holds this position currently.

Selected publications: Work in progress

Research Interest: Prevention of Running Injuries among Kenyan long distance runners, Healthy Lifestyle Interventions.